

2025-2026 Applications are
available now.

Access the Application at the
link or QR Code below.



<https://bit.ly/FFL2526DebApp>

Application Deadline: June 9, 2025

Friends for Life Foundation, Incorporated

MAILING ADDRESS:
10800 ALPHARETTA HWY
SUITE 208, #608
ROSWELL, GA 30076

WEBSITE:
[HTTPS://WWW.FRIENDSFORLIFEGA.ORG/](https://www.friendsforlifega.org/)



Friends for Life Foundation, Inc.
is pleased to announce its
13th biennial

Strands of Elegance

Leadership Development
&
Cotillion Program

2025-26 Program Year

Program Contacts

The following Friends for Life Foundation, Inc. individuals may be contacted for questions or concerns relating to the Strands of Elegance Leadership Development & Cotillion Program:

- Ms. Kai Richardson, Cotillion Chairman, (678) 637-0838
- Ms. Sondra Anderson, Cotillion Chairman, (404) 822-1136
- Ms. Zelfhia Hawkins, Cotillion Co-Chairman, (803) 240-5064
- Mrs. Melanie Armelin, Cotillion Co-Chairman, (832) 253-2318
- Ms. Yolanda Jones, Cotillion Co-Chairman, (309) 310-6958

or

Email fflcotillion@friendsforlifega.org with general inquiries.

About Friends for Life Foundation, Inc.

The Mission of Friends For Life Foundation, Inc. is to support quality of life improvements for the disadvantaged in North Fulton, Georgia. This is accomplished by securing charitable contributions, gifts and donations to award scholarships and grants to members of our community.

Registration Fee/Commitment

Pay a non-refundable registration fee of \$700, which may be paid in two installments by August 4, 2025.

Registration fee will cover costs for:

- Two (2) tickets to the ball (Debutante and Escort)
- Development workshops/materials
- Monthly projects
- Portraits for Souvenir Journal
- Waltz Rehearsals
- Social Activities
- Debutante Polo Shirt & Tote
- Debutante Keepsake Gift

Each Debutante is expected to raise a minimum of \$2,500 and sell ten (10) Cotillion tickets in order to be presented.

Funds raised are used to support community service, grants and scholarship programs sponsored by Friends for Life Foundation, Incorporated

Scholarship Awards

Debutantes & Escorts who successfully complete this Cotillion program will be eligible to apply for the Strands of Elegance Participant Awards outlined below:

Academic Achievement Scholarships

- Debutante Program Participants will be eligible to apply for Scholarship Award(s) based on academic grade point average to receive special recognition and a minimum \$2,000 Scholarship Award.
- Escorts will be eligible to apply for Scholarship Award(s) based on academic grade point average to receive special recognition and a minimum \$1,000 Scholarship Award.

Community Service Scholarship

- Debutante Program Participants will be eligible to apply for Scholarship Award(s) based on the amount of Community Service Hours to receive special recognition and a minimum \$750 Scholarship Award. The eligible Community Service Hours are for the Cotillion Program period – August 2025– February 2026.

Program Purpose

- To provide comprehensive training designed to cultivate social, service and critical life skills.
- To lead the young ladies through a series of events such as: leadership activities, etiquette training, community service projects and socials.
- To help create responsible leaders, sustainable friendships and cultural experience.
- To culminate with a Grand Finale: "The Cotillion Ball."

Eligibility Requirements

All Debutantes must meet the eligibility requirements listed below, to participate in the Strands of Elegance Leadership Development & Cotillion Program, sponsored by Friends for Life Foundation:

- Minority Female
- A resident of the Metropolitan Atlanta area.
- A Junior or Senior in high school by the beginning of the fall school term 2025.
- Have a cumulative academic average of at least 2.7 on a 4.0 scale.
- Plan to attend a post-secondary institution/school within two (2) years of high school graduation.
- Provide a one-page typewritten essay as described in the application materials to the committee no later than June 9, 2025.
- Provide an official high school transcript copy or 2024-2025 school year report card by June 9, 2025.
- Provide two (2) letters of recommendation from non-family members (preferred sources: Church, Community Organization, Teacher or Counselor) by June 9, 2025.
- Wear required conservative formal attire at the ball and appropriate attire to scheduled events.
- Father/parental representative and Escort wear required conservative formal attire at the ball.
- Sign, along with parent(s) or legal guardian(s), the Cotillion Agreement, Agreement of Scholarship Funds Disbursement and Release of Liability Forms